



## Listen to Others

Assignment: Ask people in your parish about when they have felt most spiritually alive. Write down some notes you can share with your team.

Here is a possible introduction to your conversation—“We are trying to learn about how people experience God in their everyday lives. So we’re asking some people in our parish a few questions about their spiritual lives. Thanks for being willing to talk to me.”

Reflect on a time when you would say you grew spiritually in a significant way. Describe what was happening in that period of your life.

What was it about this time of your life that you think caused you to grow spiritually?

Was there something during this time of your life that you think God was trying to teach you or show you?

Where do you experience God’s presence most often now? (i.e. in worship, in nature, in conversation with friends/family, in prayer, in Bible study, at yoga, etc.)